

The **walks** are local and last two or three hours, usually on fairly level ground. We don't aim to walk far, as quite a lot of time is spent standing still and looking. Try to avoid bright clothing, which can disturb the birds. Anyone is welcome – leaders will do their best to help beginners with bird identification and any queries – but an adult should come with any children.

The **coach trips** take you to places further away but known to offer a wide variety of birds - a great way to boost your bird recognition skills. There is no one leader but plenty of friendly experts who can help with problems.

The coach trips are run by Havering RSPB Local Group – they kindly make the trips available to us by having a stop at Redbridge Tube Station. We start early: the coach leaves at 7am (sharp!), and brings us back there in the evening; there are also stops at Gants Hill (7.05am) and Newbury Park Station (7.10am). There is all day parking at Redbridge and Newbury Park for £2.60.

The programme of evening talks is on a separate leaflet. You do not have to be a member of the RSPB, or of the local group, to come to them. A charge of £3.50 is made on entry for adults, reduced to £3.00 for RSPB members, but they are free to schoolchildren.

The talks are held at 8.00pm, usually on the second Tuesday of the month, in the Gwinnell Room, St Mary's Church, 207 High Road, South Woodford, E18 2PA

Local Group Committee

Leader	John Painter
Treasurer	Nadine Watson
Secretary	Wendy Littlejohns
Publicity	David Littlejohns
Website	Debbie Burkett
Walks Organiser	Richard Nelson
Events	Jeff Gooding
Coach & Havering Liaison	Mike Condon

To contact us, or find out more, email
nelondonrspb@yahoo.co.uk

The group's website is



www.rspb.org.uk/groups/northeastlondon

so this is where you can find details of what we have done, what we are doing and what we plan for the future. There are notes on some of the best places to see birds in our area and links to other websites you might well find useful. It is a lot to type, so do bookmark it or use the QR code above.



North East London RSPB Local Group

Out &
About in
2017/8

Crossbill



The Royal Society for the Protection of Birds (RSPB)

Is a registered charity:


England & Wales No. 207076

Scotland No SC037654

2017

Saturday 30 September

Rye Harbour (Sussex WT)

 Coach Trip – book by 22 Sep


Sunday 22 October 9.30am

Hainault Country Park

 Walk Leader: Richard Nelson


Saturday 28 October

RSPB Titchwell Marsh, Norfolk

 Coach Trip – book by 20 Oct


Saturday 18 November 8.30am

Fairlop Waters

 Walk Leader: Neil Twyford

Saturday 25 November


RSPB Pulborough Brooks

 Coach Trip – book by 17 Nov

2018

Saturday 27 January

RSPB Dungeness, Kent

 Coach Trip – book by 19 Jan


Sunday 18 February 9.30am

King George V Reservoir

 Walk Leader: Richard Nelson

Saturday 24 February

RSPB Frampton Marsh

 Coach Trip – book by 16 Feb


Sunday 18 March 9.30am

Roding Valley/Redbridge Lakes

 Walk Leader: Richard Nelson

Saturday 24 March

RSPB Lakenheath Fen

 Coach Trip – book by 16 Mar


Saturday 14 April 8.30am

Wanstead Flats and Park

 Walk Leader: Tim Harris

Saturday 28 April

Paxton Pits NR, Cambs

 Coach Trip – book by 20 Apr


Saturday 12 May 8.30am

Fairlop Waters

 Walk Leader: Neil Twyford

Saturday 2 June

RSPB Minsmere, Suffolk

 Coach Trip – book by 25 May

Sunday 17 June 6.00pm

Connaught Water & Chingford Plain – Summer Evening Stroll

 Walk Leader: Richard Nelson

July and August – as usual, no outings

Weekly Local Walk

A free bird walk in Valentines Park every Tuesday 9.30 am, mid October to May. No booking needed.

Meet at the Mansion, lasts about 2 hr.

Details from Mike Condon 079 7372 4969 or

rspb.havering@gmail.com

Booking

This is essential to allocate coach seats or to control numbers on walks – book early!

For **walks**, ring mobile **075 8299 6315**.

The **coach trips** are usually on the last Saturday of each month. To book contact

Mike Hughes

19 Bridge Avenue, Upminster, Essex

RM14 2LX Tel: 017 0825 0585

Email: mikeboyo15@gmail.com

For **either**, we will need your contact details so we can tell you of any late changes. And likewise, please tell us soon if you have booked but can't come.

Cost

The **walks** cost £2 for members of the RSPB and £3 for non-members.

The **coach trips** cost £18 each. Payment, by cheque or online, with booking – you cannot now pay by cash. If you cancel long before the trip, it may be possible to resell the seat or transfer your payment to another trip.

Those who are not members of the RSPB, or do not have their membership card, will usually also be charged for entry to any RSPB reserve.

Things you need

For all outings we advise strong **water-proof footwear** and **warm waterproof clothing** and – obviously – binoculars.

For **coach trips**, also bring 1) a change of footwear or boot-covers for the homeward journey to avoid dirtying the coach and 2) a **packed lunch**.