The **walks** are local and last two or three hours, usually on fairly level ground. We don’t aim to cover a great distance - quite a lot of time is spent standing still and looking. Try to avoid bright clothing, which can disturb the birds. Anyone is welcome – leaders will do their best to help beginners with bird identification and any queries – but an adult should accompany any children.

The **coach trips** start early, returning in the evening. They take you to places further away but known to offer a wide variety of birds and are a great way to boost your bird recognition skills. There is no one leader but plenty of friendly experts who can help with problems. The coach trips are run by Havering RSPB Local Group - we are grateful to them for making them available to us by including a coach stop at Redbridge Tube Station. The coach leaves there at 7am (sharp!), and brings us back there at the end; there are also stops at Gants Hill (7.05am) and Newbury Park Station (7.10am).

The programme of evening talks is on a separate leaflet. You do not have to be a member of the RSPB, or of the local group, to come to them. A charge of £3.50 is made on entry for adults, reduced to £3.00 for RSPB members, but they are free to schoolchildren. The talks are held at 8.00pm, usually on the second Tuesday of the month, in the Gwinnell Room, St Mary’s Church, 207 High Road, South Woodford, E18 2PA

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**Local Group Committee**

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>Leader</td>
<td>John Painter</td>
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<tr>
<td>Treasurer</td>
<td>Jan Martin-Ellis</td>
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<tr>
<td>Assistant Treasurer</td>
<td>Nadine Watson</td>
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<tr>
<td>Secretary</td>
<td>Wendy Littlejohns</td>
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<tr>
<td>Publicity</td>
<td>David Littlejohns</td>
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<tr>
<td>Website</td>
<td>Debbie Burkett</td>
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<tr>
<td>Walks Organiser</td>
<td>Daniel Whitelegg</td>
</tr>
<tr>
<td>Coach &amp; Havering Liaison</td>
<td>Mike Condon</td>
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<tr>
<td>Campaigns</td>
<td>Jeff Gooding</td>
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</tbody>
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To contact us, or find out more, email nelondonrspb@yahoo.co.uk

The group's website is [www.rspb.org.uk/groups/northeastlondon](http://www.rspb.org.uk/groups/northeastlondon)

so this is where you can find details of what we have done, what we are doing and what we plan for the future. There are notes on some of the best places to see birds in our area and links to other websites you might well find useful. It is a lot to type, so do bookmark it.
Sunday 21 September 9.30am
Rainham Marshes
Guided Walk Leader: Pat Hart

Saturday 27 September
RSPB Titchwell, North Norfolk

Saturday 19 October 9.30am
Valentines Park
Guided Walk Leader: Mike Condon

Saturday 25 October
RSPB Pulborough Brooks
Coach Trip – book by 13 Oct

Saturday 15 November 9.30am
Fairlop Water
Guided Walk Leader: Neil Twyford

Saturday 29 November
Lackford Lakes, Suffolk
Coach Trip – book by 17 Nov

Sunday 13 December 9.30am
Fishers Green/Cornmill Meadows
Guided Walk Leader: Daniel Whitelegg

2015

Saturday 17 January 9.30am
Roding Valley
Guided Walk Leaders: John Painter/Mike Condon

Saturday 31 January
RSPB Dungeness
Coach Trip – book by 19 Jan

Saturday 14 February 9.30am
Waterworks NR
Guided Walk Leader: Daniel Whitelegg

Saturday 28 February
WWT Welney, Norfolk
Coach Trip – book by 16 Feb

Sunday 15 March 9.30am
Valentines Park
Guided Walk Leader: Mike Condon

Saturday 28 March
RSPB Strumpshaw Fen, Norfolk
Coach Trip – book by 16 Mar

Sunday 19 April 8.30am
Wanstead Flats and/or Park
Guided Walk Leader: Tim Harris (Wren Group)

Saturday 25 April
Rye Harbour, Sussex WT
Coach Trip – book by 13 Apr

Sunday 17 May 9.30am
RSPB Rainham Marshes
Guided Walk Leader: Pat Hart

Saturday 30 May
RSPB Minsmere, Suffolk
Coach Trip – book by 18 May

Saturday 13 June 9.30am
Walthamstow Reservoirs
Guided Walk Leaders: Daniel Whitelegg

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Booking
This is essential to allocate coach seats or to control numbers on walks – book early!
For walks, ring mobile 075 8299 6315.
For coach trips, contact Ed Neller, 29 Broadhurst Walk, Rainham, Essex, RM13 7HH (Email: thewriter27@hotmail.com, Tel: 017 0855 8399). The trips are usually on the last Saturday of the month.

For either, we need your contact details so we can tell you of any late changes. And likewise, please tell us quickly if you have booked and can’t come.

Cost
The walks cost £2 for members of the RSPB and £3 for non-members.
The coach trips cost £17. Payment, by cheque or online, with booking – you cannot now pay by cash on the coach. If you cancel long before the trip, it may be possible to resell the seat or transfer your payment to another trip.

Those who are not members of the RSPB, or do not have their membership card, will usually also be charged for entry to any RSPB reserve.

Things you need
For all outings we advise strong waterproof footwear and warm waterproof clothing and – obviously – binoculars.

For coach trips, also bring 1) a change of footwear or boot-covers for the homeward journey to avoid dirtying the coach and 2) a packed lunch.