

The **walks** are local and last two or three hours, usually on fairly level ground. We don't aim to cover a great distance - quite a lot of time is spent standing still and looking. Try to avoid bright clothing, which can disturb the birds. Anyone is welcome – leaders will do their best to help beginners with bird identification and any queries – but an adult should accompany any children.

The **coach trips** start early, returning in the evening. They take you to places further away but known to offer a wide variety of birds and are a great way to boost your bird recognition skills. There is no one leader but plenty of friendly experts who can help with problems.

The coach trips are run by Havering RSPB Local Group - we are grateful to them for making them available to us by including a coach stop at Redbridge Tube Station. The coach leaves there at 7am (**sharp!**), and brings us back there at the end; there are also stops at Gants Hill (7.05am) and Newbury Park Station (7.10am).

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*The programme of evening talks is on a separate leaflet. You do not have to be a member of the RSPB, or of the local group, to come to them. A charge of £3.50 is made on entry for adults, reduced to £3.00 for RSPB members, but they are free to schoolchildren.*

*The talks are held at 8.00pm, usually on the second Tuesday of the month, in the Gwinnell Room, St Mary's Church, 207 High Road, South Woodford, E18 2PA*

## Local Group Committee

Leader	John Painter
Treasurer	Jan Martin-Ellis
Assistant Treasurer	Nadine Watson
Secretary	Wendy Littlejohns
Publicity	David Littlejohns
Website	Debbie Burkett
Walks Organiser	Daniel Whitelegg
Coach & Havering Liaison	Mike Condon
Campaigns	Jeff Gooding

To contact us, or find out more, email  
[nelondonrspb@yahoo.co.uk](mailto:nelondonrspb@yahoo.co.uk)



The group's website is

[www.rspb.org.uk/groups/northeastlondon](http://www.rspb.org.uk/groups/northeastlondon)

so this is where you can find details of what we have done, what we are doing and what we plan for the future. There are notes on some of the best places to see birds in our area and links to other websites you might well find useful. It is a lot to type, so do bookmark it.



## North East London RSPB Local Group

Outings  
from October  
2014




*Wren*

The Royal Society for the Protection of Birds (RSPB)  
Is a registered charity:  
England & Wales No. 207076  
Scotland No SC037654

**Sunday 21 September 9.30am**  
**Rainham Marshes**

Guided Walk Leader: Pat Hart  
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**Saturday 27 September**  
**RSPB Titchwell, North Norfolk**

 Coach Trip – book by 15 Sept.  
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**Sunday 19 October 9.30am**  
**Valentines Park**

Guided Walk Leader: Mike Condon  
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**Saturday 25 October**  
**RSPB Pulborough Brooks**

 Coach Trip – book by 13 Oct  
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**Saturday 15 November 9.30am**  
**Fairlop Water**

Guided Walk Leader: Neil Twyford  
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**Saturday 29 November**  
**Lackford Lakes, Suffolk**

 Coach Trip – book by 17 Nov  
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**Sunday 13 December 9.30am**  
**Fishers Green/Cornmill Meadows**


Guided Walk Leader: Daniel Whitelegg

**2015**

**Saturday 17 January 9.30am**  
**Roding Valley**

Guided Walk Leaders: John Painter/Mike Condon  
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**Saturday 31 January**  
**RSPB Dungeness**

 Coach Trip – book by 19 Jan

**Saturday 14 February 9.30am**  
**Waterworks NR**

Guided Walk Leader: Daniel Whitelegg  
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**Saturday 28 February**  
**WWT Welney, Norfolk**

 Coach Trip – book by 16 Feb  
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**Sunday 15 March 9.30am**  
**Valentines Park**

Guided Walk Leader: Mike Condon  
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**Saturday 28 March**  
**RSPB Strumpshaw Fen, Norfolk**

 Coach Trip – book by 16 Mar  
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**Sunday 19 April 8.30am**  
**Wanstead Flats and/or Park**

Guided Walk Leader: Tim Harris (Wren Group)  
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**Saturday 25 April**  
**Rye Harbour, Sussex WT**

 Coach Trip – book by 13 Apr  
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**Sunday 17 May 9.30am**  
**RSPB Rainham Marshes**

Guided Walk Leader: Pat Hart  
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**Saturday 30 May**  
**RSPB Minsmere, Suffolk**

 Coach Trip – book by 18 May  
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**Saturday 13 June 9.30am**  
**Walthamstow Reservoirs**

Guided Walk Leaders: Daniel Whitelegg

## Booking

This is essential to allocate coach seats or to control numbers on walks – book early!

For **walks**, ring mobile **075 8299 6315**.

For **coach trips**, contact Ed Neller, 29 Broadhurst Walk, Rainham, Essex, RM13 7HH (Email: [thewriter27@hotmail.com](mailto:thewriter27@hotmail.com), Tel: 017 0855 8399). The trips are usually on the last Saturday of the month.

For either, we need your contact details so we can tell you of any late changes. And likewise, please tell us quickly if you have booked and can't come.

## Cost

The **walks** cost £2 for members of the RSPB and £3 for non-members.

The **coach trips** cost £17. Payment, by cheque or online, with booking – you cannot now pay by cash on the coach. If you cancel long before the trip, it may be possible to resell the seat or transfer your payment to another trip.

Those who are not members of the RSPB, or do not have their membership card, will usually also be charged for entry to any RSPB reserve.

## Things you need

For all outings we advise strong **water-proof footwear** and **warm waterproof clothing** and – obviously – binoculars.

For **coach trips**, also bring 1) a change of footwear or boot-covers for the homeward journey to avoid dirtying the coach and 2) a **packed lunch**.