

Our **walks** are local and last two or three hours, usually on fairly level ground. We don't aim to walk far, as quite a lot of time is spent standing still and looking. Try to avoid bright clothing, which can disturb the birds. Anyone is welcome – leaders will do their best to help beginners with bird identification and any queries – but an adult should come with any children.

The **coach trips** take you to places further away but known to offer a wide variety of birds - a great way to boost your bird recognition skills. There is no one leader but plenty of friendly experts who can help with problems.

The coach trips are run by Havering RSPB Local Group – they kindly make the trips available to us by having a stop at Redbridge Tube Station. We start early: the coach leaves at 7am (sharp!), and brings us back there in the evening; there are also stops at Gants Hill (7.05am) and Newbury Park Station (7.10am). There is all day parking at Redbridge or at Newbury Park for £2.60.

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*The programme of evening talks is on a separate leaflet. You do not have to be a member of the RSPB, or of the local group, to come to them. A charge of £4.50 is made on entry for adults, reduced to £4.00 for RSPB members, but they are free to schoolchildren.*

*The talks are held at 8.00pm, usually on the second Tuesday of the month, in the Gwinnell Room, St Mary's Church, 207 High Road, South Woodford, E18 2PA*

## Local Group Committee

Treasurer	Nadine Watson
Secretary	Wendy Littlejohns
Publicity	David Littlejohns
Website	Debbie Burkett
Walks Organiser	Richard Nelson
Events	Jeff Gooding
Committee Member	John Painter

To contact us, or find out more, email  
[nelondonrspb@yahoo.co.uk](mailto:nelondonrspb@yahoo.co.uk)

The group's website is  
[www.rspb.org.uk/groups/northeastlondon](http://www.rspb.org.uk/groups/northeastlondon)  
so that is where you will find details of what we have done, what we are doing and what we plan for the future. There are also notes on some of the best places in our area to see birds and links to other websites you might well find useful. It is a lot to type, so do bookmark it or use the QR code here:



## North East London RSPB Local Group



Tawny  
Owl

The Royal Society for the Protection of Birds (RSPB)  
Is a registered charity:  
England & Wales No. 207076  
Scotland No SC037654

 is a walk  is a coach trip

## 2018


**Saturday 29 September**

**Rye Harbour (Sussex WT)**

 Book before 20 Sep

**Saturday 13 October 9am**

**Roding Valley Meadows NR  
(Essex WT)**

 Meadows near the River Roding


**Saturday 27 October**

**RSPB Titchwell Marsh, Norfolk**

 Book before 19 Oct

**Sunday 18 November 9am**

**Sewardstone Marsh**

 Ducks and barn owl around marshland


**Saturday 24 November**

**RSPB Pulborough Brooks**

 Book before 16 Nov

**Sunday 16 December 9am**

**Hainault Country Park**

 A mix of lake, meadow and woodland

## 2019

**Saturday 12 January 9am**

**Fishers Green**

 Our Lakeland is busiest in winter

**Saturday 26 January**

**RSPB Dungeness, Kent**

 Book before 19 Jan

**Sunday 10 February 9am**

**King George V Reservoir**

 Mainly birds of deeper water


**Saturday 23 February**

**RSPB Frampton Marsh**

 Book before 15 Feb

**Saturday 16 March 8.30am**

**Fairlop Waters**

 In winter, quiet enough for birds


**Saturday 30 March**

**RSPB Lakenheath Fen**

 Book before 22 Mar


**Saturday 13 April 8.30am**

**Wanstead Flats & Park**

 Unfailingly interesting Tim Harris territory


**Saturday 27 April**

**Paxton Pits NR, Cambs**

 Book before 20 Apr

**Sunday 5 May** Start time to be confirmed

**Connaught Water/Chingford Plain**

 Early morning walk


**Saturday 1 June**

**RSPB Minsmere, Suffolk**

 Book before 25 May

**Sunday 16 June 6.00pm**

**Claybury Woods & Park**

 Summer evening stroll

**July/August: no outings**

**Weekly Local Walk**

*Free bird walk in Valentines Park every  
Tuesday 9.30 am, 9th October to May. No  
booking needed.*

*Meet at the Mansion, lasts about 2 hr.  
Details from Mike Condon 079 7372 4969 or  
rspb.havering@gmail.com*

## Booking

This is essential to allocate coach seats or to control numbers on walks.

For **walks**, ring mobile **075 8299 6315**.

For **coach trips**, book by contacting

**Mike Hughes**

19 Bridge Avenue, Upminster, Essex  
RM14 2LX Tel: 017 0825 0585  
Email: mikeboyo15@gmail.com

**For either**, we need your contact details so we can tell you of any late changes. And likewise, please tell us soon if you have booked but can't come.

## Cost

The **walks** cost £2 for members of the RSPB or Wren Group and £3 for non-members.

The **coach trips** cost £20 each. Payment, by cheque or online, with booking – you cannot now pay by cash. If you cancel long before the trip, it may be possible to resell the seat or transfer your payment to another trip.

Those who are not members of the RSPB, or do not have their membership card, will usually also be charged for entry to any RSPB reserve.

## Things you need

For all outings we advise strong **water-proof footwear** and **warm waterproof clothing** and – obviously – binoculars. For **coach trips**, also bring 1) a change of footwear or boot-covers for the homeward journey to avoid dirtying the coach and 2) a **packed lunch**.