



Forest Adventurers

**Sunday 5 October to Sunday 16 November, 1.30-3pm,
RSPB Rainham Marshes**

Play, explore and be creative in our woodland. An exciting 6-session programme for **7-11 year olds** with hands-on woodland discovery and exploration, building self esteem, communication skills, independence and self confidence. Over the course of 6 weeks, take part in a range of activities including shelter building, learn new woodland skills, and get creative with natural materials to make your own environmental artworks.

Price: £3.50 (£3 for members) per session.

Booking essential as there are a limited number of spaces. Parents do not need to stay for the sessions.

For more information or to book, please email hannah.williams@rspb.org.uk

RSPB Rainham Marshes, New Tank Hill Road, Purfleet, RM19 1SZ