

The **walks** are local and last two or three hours, usually on fairly level ground. We don't aim to cover a great distance and quite a lot of time is spent standing still and looking. Try to avoid bright clothing, which can disturb the birds. Anyone is welcome – leaders will do their best to help beginners with bird identification and any queries – but an adult should accompany any children.

The **coach trips** start early, returning in the evening. They take you to places further away but known to offer a wide variety of birds and are a great way to boost your bird recognition skills. There is no one leader but plenty of friendly experts who can help with problems.

The coach trips are run by Havering RSPB Local Group - we are grateful to them for making them available to us by including a coach stop at Redbridge Tube Station. The coach leaves there at 7am (sharp!), and brings us back there at the end; there are also stops at Gants Hill (7.05am) and Newbury Park Station (7.10am).

The programme of evening talks is on a separate leaflet. You do not have to be a member of the RSPB, or of the local group, to come to them. A charge of £3.50 is made on entry for adults, reduced to £3.00 for RSPB members, but they are free to schoolchildren.

The talks are held at 8.00pm, usually on the second Tuesday of the month, in the Gwinnell Room, St Mary's Church, 207 High Road, South Woodford, E18 2PA

Local Group Committee

Leader	John Painter
Treasurer	Jan Martin-Ellis
Secretary	Wendy Littlejohns
Publicity	David Littlejohns
Website	Debbie Burkett
Committee Members	Mike Condon Jeff Gooding Nadine Watson Daniel Whitelegg



To contact us, or find out more, email
nelondonrspb@yahoo.co.uk



The group's website is

www.rspb.org.uk/groups/northeastlondon

so this is where you can find details of what we have done, what we are doing and what we plan for the future. There are notes on some of the best places to see birds in our area and links to other websites you might well find useful. It is a lot to type, so do bookmark it.



North East London RSPB Local Group

Outings
from October
2013



Barn
Owl

The Royal Society for the Protection of Birds (RSPB)
Is a registered charity:
England & Wales No. 207076
Scotland No SC037654

Sunday 13 October 9.30am

Roding Valley

Guided Walk Leaders: Daniel Whitelegg, John Painter
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Saturday 26 October

RSPB Titchwell, North Norfolk

 *Coach Trip*
.....

Saturday 16 November 9.30am

Fairlop Waters

Guided Walk Leaders: Neil Twyford with Daniel Whitelegg
.....

Saturday 30 November

RSPB Dungeness

 *Coach Trip*
.....

Sunday 8 December 9.30am

Valentines Park in Winter

Guided Walk Leader: Mike Condon

2014

Saturday 18 January 9.30am

Waterworks Reserve

Guided Walk Leaders: Reserve Warden with Daniel Whitelegg, Debbie Burkett
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Saturday 25 January

WWT Welney, nr Wisbech

 *Coach Trip*
.....

Sunday 16 February 9.30am


Cornmill Meadows

Guided Walk Leaders: Daniel Whitelegg, Mike Condon, John Painter

**North East London
RSPB Local Group
2013 - 2014**

Saturday 22 February

RSPB Pulborough Brooks, Sussex

 *Coach Trip*
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Sunday 16 March 9.30am

Valentines Park

Guided Walk Leader: Mike Condon
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Saturday 29 March

Lackford Lakes, Suffolk WT

 *Coach Trip*
.....

Sunday 6 April 8.30am

Wanstead Flats and/or Park

Guided Walk Leader: Tim Harris (Wren Group)
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Saturday 26 April

Rye Harbour, Sussex WT

 *Coach Trip*
.....


Sunday 18 May 9.30am

RSPB Rainham Marshes

Guided Walk Leader: Pat Hart
.....

Saturday 31 May

RSPB Minsmere, Suffolk

 *Coach Trip*
.....

Sunday 15 June 9.30am

Walthamstow Reservoirs

Guided Walk Leaders: Daniel Whitelegg, John Painter

Booking

This is essential to allocate coach seats or to control numbers on walks – book early!

For walks, ring mobile **075 8299 6315**.

For **coach trips**, contact Ed Neller, 29 Broadhurst Walk, Rainham, Essex, RM13 7HH (Email: thewriter27@hotmail.com, Tel: 017 0855 8399). The trips are usually on the last Saturday of the month.

For either, we will need your contact details so we can tell you of any late changes. And likewise, please tell us quickly if you have booked and can't come.

Cost

The **walks** cost £2 for members of the RSPB and £3 for non-members.

The **coach trips** cost £16. Booking commits you to paying but if you cancel long before the trip, it may be possible to resell the seat.

Those who are not members of the RSPB, or do not have their membership card, will usually also be charged for entry to any RSPB reserve.

Things you need

For all outings we advise strong **waterproof footwear** and **warm waterproof clothing** and – obviously – binoculars.

For **coach trips**, also bring 1) a change of footwear or boot-covers for the homeward journey to avoid dirtying the coach and 2) a **packed lunch**.