

The **walks** are local and last two or three hours, usually on fairly level ground. We don't aim to cover a great distance and quite a lot of time is spent standing still and looking. Try to avoid bright clothing, which can disturb the birds. Anyone is welcome – leaders will do their best to help beginners with bird identification and any queries – but an adult should accompany any children.

The **coach trips** start early, returning in the evening. They take you to places further away but known to offer a wide variety of birds and are a great way to boost your bird recognition skills. There is no one leader but plenty of friendly experts who can help with problems.

The coach trips are run by Havering RSPB Local Group and we are grateful to them for making them available to us by including a coach stop at Redbridge Tube Station. The coach leaves there at 7am (sharp!), and brings us back there at the end; there are also stops at Gants Hill (7.05am) and Newbury Park Station (7.10am).

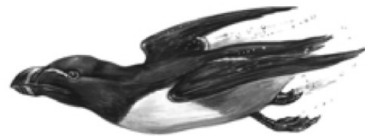
The programme of evening talks is on a separate leaflet. You do not have to be a member of the RSPB, or of the local group, to come to them. A charge of £3.50 is made on entry for adults, reduced to £3.00 for RSPB members, but they are free to schoolchildren.

The talks are held 7.15 – 9.00pm, usually on the second Tuesday of the month, at Snaresbrook Primary School, which is at the end of Meadow Walk, South Woodford, E18 2EN.

Local Group Committee

Leader	John Painter
Treasurer	Jan Martin-Ellis
Secretary	Wendy Littlejohns
Publicity	David Littlejohns
Website	Debbie Burkett
Committee Member	John Snow Mike Condon

We know the group could do more if we had more people helping. If you could lend a hand, we would like to hear from you.



To contact us, or find out more, email nelondonrspb@yahoo.co.uk



The group's website is www.rspb.org.uk/groups/northeastlondon and this is where you can find details of what we have done, what we are doing and what we plan for the future. There are notes on some of the best places to see birds in our area and links to other websites you might well find useful. It is a lot to type, so do bookmark it.



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voices for
nature

North East London RSPB Local Group




Yellowhammer

The Royal Society for the Protection of Birds (RSPB)
Is a registered charity:
England & Wales No. 207076
Scotland No SC037654

Saturday 24 November 2012
Minsmere RSPB Reserve

 Coach Trip


Saturday 26 January
Pulborough Brooks RSPB Reserve

 Coach Trip

Sunday 27 January 9.30am
Rainham RSPB Reserve
Guided Walk Leader: Pat Hart

Sunday 3 February 9.30am
Valentines Park in Winter
Guided Walk Leader: Mike Condon
with Simon Litt, Park Manager

Saturday 23 February
Stodmarsh NNR, Kent
 Coach Trip

Saturday 23 March (Last but one Saturday)
RSPB Lakenheath Fen, Suffolk
 Coach Trip

Saturday 6 April 8.30am
Wanstead Flats & Park
Guided Walk Leader: Tim Harris


North East London RSPB Local Group 2013

Sunday 14 April 8.30am
Valentines Park in Spring
Guided Walk Leader: Mike Condon

Sunday 21 April 9.30am
Claybury Woods
Guided Walk

Saturday 27 April
Rye Harbour, Sussex
 Coach Trip

Sunday 19 May 9.30am
Rainham RSPB Reserve
Guided Walk Leader: Pat Hart

Saturday 25 May
Rutland Water, Oakham
 Coach Trip

Sunday 9 June 8.30am
Valentines Park in Summer
Guided Walk Leader: Mike Condon

Sunday 8th September 9.30am
Rainham RSPB Reserve
Guided Walk Leader: Pat Hart

Booking

This is essential to allocate coach seats or to control numbers on walks – book early!

For **walks**, ring mobile 075 8299 6315.

For **coach trips**, contact Ed Neller, 29 Broadhurst Walk, Rainham, Essex, RM13 7HH (Email: thewriter27@hotmail.com, Tel: 017 0855 8399). The trips are usually on the last Saturday of the month.

For either, we will need your contact details so we can tell you of any late changes. And likewise, please tell us quickly if you have booked and cannot come.

Cost

The **walks** cost £2 for members of the RSPB and £3 for non-members.

The **coach trips** cost £15. Booking commits you to paying but if you cancel long before the trip, it may be possible to resell the seat. Those who are not members of the RSPB, or do not have their membership card, will usually also be charged for entry to any RSPB reserve.

Things you need

For all outings we advise strong **waterproof footwear** and warm **waterproof clothing** and – obviously – binoculars.

For **coach trips**, also bring 1) a change of footwear or boot-covers for the homeward journey to avoid dirtying the coach and 2) a **packed lunch**.